**PICO Worksheet and Search Strategy**

1. Define your question using PICO: Population, Intervention, Comparison, and Outcome.

   **Population:** elderly or aged

   **Intervention:** bedsores, pressure ulcers

   **Comparison:** None

   **Outcome:** reduction in incidence and severity of bed sores

2. Write out your question: What interventions reduce the incidence and severity of bed sores in residents of aged care facilities?

3. List the main topics and terms from your question that you can use to search.

   bed sores  aged people

   pressure ulcers  elderly

4. Check any limit that may pertain to your search:

   X Age  Language  Year of publication

5. Type of study/publication you want to include in your search: (From Step 2 of tutorial)

   X Systematic Review or Meta-Analysis  X Individual Research Studies

   X Clinical Practice Guidelines  X CINAH with Full Text

   X Critically Appraised Research Studies  __ Electronic Textbooks

   __ PubMed Clinical Queries

6. Check the databases you searched:

   X Cochrane Library  X CINAHL with Full Text

   X Joanna Briggs  __ PubMed Clinical Queries

7. What information did you find to help answer your question?

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This form is adapted from: Syrene A. Miller, PICO Worksheet and Search Strategy, National Center for Dental Hygiene Research